



# Public Health

## Idaho North Central District

**Nez Perce County**

215 10th Street  
Lewiston, ID 83501  
(208) 799-3100  
Fax (208) 799-0349

**Latah County**

333 E Palouse River Drive  
Moscow, ID 83843  
(208) 882-7506  
Fax (208) 882-3494

**Clearwater County**

105 115<sup>th</sup> Street  
Orofino, ID 83544  
(208) 476-7850  
Fax (208) 476-7494

**Idaho County**

903 West Main  
Grangeville, ID 83530  
(208) 983-2842  
Fax (208) 983-2845

**Lewis County**

132 N Hill Street  
P O Box 277  
Kamiah, ID 83536  
(208) 935-2124  
Fax (208) 935-0223

### 2016-2017 Diabetes Prevention Program Session Schedule

Classes will be held Mondays from 12:00 – 1:00 pm at the Lewis-Clark State College Student Union Building. Feel free to bring lunch with you. If you are unable to attend one of the sessions, please contact Heidi Henson at 208-799-0368 or [hhenson@phd2.idaho.gov](mailto:hhenson@phd2.idaho.gov).

*The kickoff/intro will be September 19<sup>th</sup> at Noon in the SUB – RM 143.*

#### **Core Sessions (First 6 months)**

Session 1: September 26<sup>th</sup>  
Session 2: October 3<sup>rd</sup>  
Session 3: October 24<sup>th</sup>  
Session 4: October 31<sup>st</sup>  
Session 5: November 7<sup>th</sup>  
Session 6: November 21<sup>st</sup>  
Session 7: November 28<sup>th</sup>  
Session 8: December 5<sup>th</sup>  
Session 9: December 19<sup>th</sup>  
Session 10: January 23<sup>rd</sup>  
Session 11: January 30<sup>th</sup>  
Session 12: February 6<sup>th</sup>  
Session 13: February 13<sup>th</sup>  
Session 14: February 27<sup>th</sup>  
Session 15: March 13<sup>th</sup>  
Session 16: March 27<sup>th</sup>

#### **Post-Core Sessions (Last 6 months)**

Post-core Session 1: April 10<sup>th</sup>  
Post-core Session 2: May 8<sup>th</sup>  
Post-core Session 3: June 5<sup>th</sup>  
Post-core Session 4: July 10<sup>th</sup>  
Post-core Session 5: August 7<sup>th</sup>  
Post-core Session 6: September 11<sup>th</sup>